

THE GLOBE AND MAIL TRAVEL

## SOUTH OF FRANCE CRUISE

MAY 30-JUNE 8, 2024

# EXCURSION CATALOGUE 



PRESENTED IN PARTNERSHIP WITH


THE GLOBE AND MAIL TRAVEL SOUTH OF FRANCE CRUISE

## DAY 1 <br> MAY 30, 2024

FULL GROUP
Welcome Reception at Le Scribe Paris Opéra Hotel

MAY 30, 2024

## Welcome Reception at Le Scribe Opéra Hotel



## DATE

May 30, 2024

## TIME*

5:00 P.M. - 6:00 P.M.

## LOCATION

Le Scribe
Opéra hotel - Paris

## ATTIRE

Casual chic

## ACTIVITY LEVEL

Light

MAX CAPACITY
150


We kick off our trip at the elegant five-star Le Scribe Opéra hotel in Paris, with a celebratory welcome reception hosted by The Globe and Mail Editor-in-Chief David Walmsley.

Situated in Arrondissement 9, the historic Le Scribe Paris Opéra hotel is the former home of the aristocratic Jockey Club, the location where the Lumière brothers presented the first global cinema screening on December 28, 1895, and was a favourite spot for artists and celebrities, such as Josephine Baker, who made it her Parisian residence when performing at the nearby Olympia Theatre.

Meet and mingle with Globe journalists and your fellow tour guests and enjoy cocktails and hors d'oeuvres before heading out to dinner on your own.

THE GLOBE AND MAIL JOURNALISTS ON TOUR**


DAVID WALMSLEY Editor-in-Chief


TARA O'BRADY Food Writer


ROBERT FIFE
Ottawa
Bureau Chief


THE GLOBEAND MAILTRAVEL

## SOUTH OF FRANCE CRUISE

## DAY 2

MAY 31, 2024

## EXCURSION OPTIONS

The Louvre and Napoleon III Apartments History Tour Highlights of Paris City Tour
Follow in the Footsteps of "Emily in Paris" Tour
Palais (Opera) Garnier Tour

Paris Michelin Starred Restaurant Dine Around -
Details to Follow in Early 2024

## D A Y 2

MAY 31, 2024

## The Louvre and Napoleon III Apartments Art \& History Tour



## DATE

May 31, 2024

TIME*
9:00 A.M. - 1:00 P.M.

LOCATION
Paris

## ATTIRE

Casual with
comfortable shoes

ACTIVITY LEVEL
Moderate

MAX CAPACITY
40



Enjoy a guided tour of the Louvre Museum, a historic and world-renowned art museum that is a mesmerizing treasure trove of human creativity and culture. This tour offers an unforgettable experience for art lovers and history enthusiasts alike. The tour highlights some of the Louvre's most iconic art pieces, including the Mona Lisa, but also takes us to Napoleon III Apartments. The apartments provide a glimpse into the luxurious lifestyle of French royalty during the 19th century. The apartments showcase exquisite furniture, decorative arts and paintings.

THE GLOBE
AND MAIL JOURNALIST
ON TOUR**


ROBERT FIFE
Ottawa
Bureau Chief

## D A Y 2

MAY 31, 2024

## Highlights of Paris City Tour



## DATE

May 31, 2024

## TIME*

9:00 A.M. - 1:00 P.M.

LOCATION
Paris

## ATTIRE

Casual with
comfortable shoes
ACTIVITY LEVEL
Moderate

MAX CAPACITY
60


Join a local guide for a Paris city tour with a captivating journey through the heart of the City of Light, offering a whirlwind of iconic landmarks, rich history and unparalleled beauty. From the majestic Eiffel Tower, which provides breathtaking panoramic views, to the Arc de Triomphe and a drive down the famous Champs-Élysées. From there, admire the grandeur of Notre-Dame Cathedral, where visitors are immersed in the city's romantic ambiance and architectural splendor. The tour is a great introduction to the stunning city of Paris that promises an unforgettable experience, which combines culture, history and a true sense of joie de vivre, especially for guests who have never experienced this unique historical city before.

## D A Y 2

MAY 31, 2024

## Follow in the Footsteps of "Emily in Paris" Tour



## DATE

May 31, 2024

## TIME*

9:00 A.M. - 1:00 P.M.

LOCATION
Paris

## ATTIRE

Casual with
comfortable shoes

ACTIVITY LEVEL
Moderate

MAX CAPACITY
30



On this tour, we visit some of the filming locations of the Netflix hit "Emily in Paris." The show is a lighthearted and visually vibrant series that follows the adventures of Emily Cooper, a young American marketing executive who moves to the French capital to work for a luxury marketing firm. Filled with chic fashion, picturesque Parisian scenery and cultural clashes, the show weaves a story of cultural exploration, professional challenges and romantic entanglements. The tour is not just about the show: we will explore the insights into the history and architecture of Paris through monumental highlights, and discuss the habits, stereotypes and everyday life in Paris.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


TARA O'BRADY Food Writer

## D A Y 2

MAY 31, 2024

## Palais (Opera) Garnier Tour



## DATE

May 31, 2024

## TIME*

9:00 A.M. - 12:00 P.M.

LOCATION
Paris

## ATTIRE

Casual with comfortable shoes

## ACTIVITY LEVEL

Moderate

MAX CAPACITY
30


Located in the theatrical heart of Paris, visit the spectacular Opera Garnier. Absorb the beauty of the ornately decorated rooms, grand staircases and glistening chandeliers as you learn about this magnificent building commissioned by Emperor Napoleon III. The tour covers the Bassin de la Pythie, the Grand Escalier, the auditorium with Marc Chagall's ceiling and the eight-ton, 340 -light bronze and crystal chandelier, as well as the "play" of mirrors and windows in the ground-floor foyer. The Opera Garnier is renowned for hosting opera and ballet performances and is celebrated for its historical significance, artistic grandeur and the central role it plays in Paris's cultural scene.

THE GLOBE
AND MAIL JOURNALIST ON TOUR**


DAVID WALMSLEY
Editor-in-Chief

## D A Y 2

MAY 31, 2024

## Paris Dine Around at a Michelin-starred Restaurant



## DATE

May 31, 2024

## TIME*

7:00 P.M. - 10:00 P.M.

LOCATION
Paris

## ATTIRE

Casual chic

ACTIVITY LEVEL
Low

MAX CAPACITY
Each restaurant has the capacity for 8 guests


Join one of your favourite journalists at an intimate dinner at one of Paris's top restaurants. Further details available in February. Please note, limited space available and dinners are at an additional cost.

THE GLOBE AND MAIL JOURNALISTS ON TOUR**


DAVID
WALMSLEY
Editor-in-Chief


TARA O'BRADY
Food Writer


ROBERT FIFE
Ottawa
Bureau Chief


# THEGGLOBEANDMAILTRAVEL SOUTH OF FRANCE CRUISE 

## D AY 3

## JUNE 1, 2024

FULL GROUP - TRAVELDAY
Depart Paris via a TGV Train to Lyon
Where We Board the Scenic Sapphire Ship

Onboard Welcome Cocktail

## JUNE 1, 2024

## Onboard Welcome Cocktail



## DATE

June 1, 2024

## TIME*

6:00 P.M.

## LOCATION

Lyon, France

## ATTIRE

Casual chic

## ACTIVITY LEVEL

Low

MAX CAPACITY 150


We arrive in the city of Lyon this afternoon, the gastronomic capital of France that sits at the confluence of the Rhône and Saône rivers, and head straight to our luxury Scenic Sapphire ship and board. Once you've settled into your cabin, relaxed and toured the ship, join us for a pre-dinner onboard welcome cocktail where you'll meet our ship's captain and crew. Tonight, enjoy your first dinner onboard the ship or venture out on your own for a dinner at one of Lyon's many great restaurants.

THE GLOBE
AND MAIL JOURNALISTS ON TOUR**


DAVID WALMSLEY Editor-in-Chief


TARA O'BRADY Food Writer


ROBERT FIFE
Ottawa Bureau Chief


CHRISTOPHER WATERS
Wine Writer


# THEGGLOBEANDMAILTRAVEL SOUTH OF FRANCE CRUISE 

## D A Y 4

## JUNE 2, 2024

## EXCURSION OPTIONS

Lyon City Tour
Medieval City of Pérouges Tour
Cooking Class at Atelier InCuisine
Shop the Lyon Market with Tara O'Brady

## D A Y 4

JUNE 2, 2024

## Lyon City Tour



## DATE

June 2, 2024

## TIME*

9:00 A.M. - 1:00 P.M.

LOCATION
Lyon, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Low
MAX CAPACITY
80



Founded by the Romans in 43 BC, Lyon was one of the most important cities of the Roman empire, and capital of Gaul, an area comprising most of modern France and Belgium. In the Middle Ages it was an important trading city astride the routes from Northwest Europe to the Mediterranean and to Italy. Later it became famed as the capital of the French silk weaving industry and then a major textiles centre. Today it is a major industrial and business hub with excellent rail and road links and one of France's busiest provincial airports. Discover France's gastronomic capital and second-largest city. Scout its secretive traboules, hidden passageways from the 4th century, and take in the panoramic views from Notre Dame Basilica.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


ROBERT FIFE
Ottawa
Bureau Chief

## D A Y 4

## Medieval Village of Pérouges Tour



## DATE

June 2, 2024

## TIME*

9:00 A.M. - 1:00 P.M.

## LOCATION

Pérouges, France

## ATTIRE

Casual with comfortable shoes

## ACTIVITY LEVEL

Medium

MAX CAPACITY
40


Enjoy a guided tour of the medieval village of Pérouges.

Pérouges was inhabited by craftsmen; mainly farmers and linen weavers. It was thought to be founded by a Gallic colony returning from Perugia in Italy. In 1167, the Seigneur d'Anthon famously shut the commune's walls against the troops of the Archbishop of Lyon, and as early as 1236 the inhabitants earned communal freedom. In 1601 the town officially became French. Until the end of the 18th century, the textile industry in Pérouges boomed. In the 19th century, however, roads and railroads were re-routed and the population dropped from 1,500 to 90. But, starting in 1911, the town was restored and houses were saved.

The village of Pérouges, perched atop a hill overlooking the Ain River, has been well preserved since the 14th century and is one of the most picturesque villages in the region. It's a timeless town and a perfectly preserved gothic treasure. Feel as though you are walking through the pages of history. Even today it remains an iconic enclave hiding behind massive fortress walls built of impenetrable stone. Uneven cobblestone streets wind through the narrow alleys, streets and byways. Today, the town of Pérouges is not only one of the most beautiful, but also one of the best preserved in France.

Please note: Due to uneven surfaces and a lot of walking both up and down hill, this tour is recommended only for guests with a higher degree of fitness.

[^0]THE GLOBE AND MAIL JOURNALIST ON TOUR**


DAVID WALMSLEY
Editor-in-Chief

## D A Y 4

JUNE 2, 2024

## Cooking Class at Atelier InCuisine



For those with an interest in mastering the art of French cuisine, learn the secrets in a local cooking atelier in Lyon. Get hands-on knowledge in some of the most famous dishes of this region, and gain skills that will impress your family, friends and future travel companions.

## D A Y 4

JUNE 2, 2024

## Shop the Lyon Market with Tara O'Brady



## DATE

June 2, 2024

TIME*
9:00 A.M. - 11:00 A.M.

LOCATION
Lyon, France

ATTIRE
Casual

ACTIVITY LEVEL
Low

MAX CAPACITY
20


Built in 1971 as the city of Lyon's commitment to gastronomy, Les Halles de Lyon Paul Bocuse has a reputation as one of the finest places for food anywhere.

Join your host Tara O'Brady for a visit to the market and learn about its history and why some of the produce on hand is dubbed the best in the world.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


TARA O'BRADY Food Writer


# THEGGLOBEANDMAILTRAVEL SOUTH OF FRANCE CRUISE 

## D AY 5

## JUNE 3, 2024

## EXCURSION OPTIONS

Visit to Château de Cormatin $\mathcal{E}$ Truffle Tasting Cooking Demonstration at Georges Blanc Cooking School

Wine Tour $\mathcal{E}$ Tasting at La Château de La Chaize
Wine Tour $\mathcal{E}$ Tasting at Chateau des Jacques

## Visit to Château de Cormatin $\mathcal{E}$ Truffle Tasting



## DATE

June 3, 2024

TIME*
8:30 A.M. - 1:00 P.M

## LOCATION

Mâcon, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Low

## MAX CAPACITY

80


Spend the day with a stop and tour of Château de Cormatin followed by a visit to a local truffle farm.

## Château de Cormatin

Down the long approach, past the sculpted garden and surrounded by its moat, Château de Cormatin is a gem of 17th-century grandeur. Gilded interiors shine with opulent Louis XIII furnishings, artwork and ornamentation. Outside, the extensive gardens beckon and intrigue. From the formal garden to the trimmed maze and aviary, to the abundant kitchen garden, the grounds of Cormatin are breathtaking in their scale and scope.

## Truffle Hunt

In Cos-Piguet, Olivier Devêvre's truffle farm is a marriage of romance and science. Devêvre, who holds a degree in forestry, is amicable and engaging, as eager to share recipes as he is to discuss the particulars of soil alkalinity and truffle species. Join Devêvre and one of his dogs in the fields and forest of his farm; hear the history of the land and his work; learn about Périgord and Burgundy truffles, their ideal growing conditions, and signs of quality; observe how the dogs are trained, and see them dig for truffles. After the hunt, return to the farmhouse for a truffle tasting.

THE GLOBE
AND MAIL JOURNALISTS ON TOUR**


DAVID WALMSLEY
Editor-in-Chief


ALEXANDRA POSADZKI
Telecom Reporter

## D A Y 5

## Cooking Demonstration at Georges Blanc Cooking School



## DATE

June 3, 2024

TIME*
9:00 A.M. - 12:00 P.M.

LOCATION
Mâcon, France

## ATTIRE

Casual with comfortable shoes

## ACTIVITY LEVEL

 LowMAX CAPACITY 30



Enjoy a cooking demonstration with one of the Georges Blanc chefs, hosted by Food Writer Tara O'Brady.

The heir to three generations of "Mother Cooks," Georges Blanc is assisted in the kitchen by his son Frédéric who is carrying on the old family tradition.

Today considered one of the leading ambassadors of French gastronomy, the Georges Blanc cooking school offers a cuisine that combines traditionalism revisited with creativeness around a wide range of top-quality products cooked as the seasons go by. A cuisine of great personality, it reflects the chef's character and sensibility. A great fan of his native region, Georges Blanc likes to work around the legendary Bresse Chicken, or revisit the "Vonnas pancakes" that used to be cooked by his grandmother.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


TARA O'BRADY Food Writer

## D A Y 5

## Wine Tour $\mathcal{E}$ Tasting at Le Château de La Chaize



## DATE

June 3, 2024

TIME*
9:30 A.M. - 12:00 P.M.

## LOCATION

Mâcon, France

## ATTIRE

Casual with comfortable shoes

## ACTIVITY LEVEL

Low
MAX CAPACITY
20


Join a visit to magnificent Le Château de La Chaize for a tour and wine tasting of the estate wines. Le Château de La Chaize, a historic winery nestled in the picturesque Beaujolais region of France, stands as a testament to centuries of winemaking tradition. With roots dating back to the 17th century, this family-owned estate boasts approximately 250 acres of vineyards, predominantly planted with the renowned Gamay grape variety. The vineyard's diverse terroir and vine age contribute to the production of exceptional wines that are deeply rooted in the region's rich history. Le Château de La Chaize is celebrated for its commitment to crafting highquality wines that showcase the unique character and flavors of Beaujolais, making it a cherished destination for wine enthusiasts and a symbol of enduring winemaking heritage.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


DAVID SHRIBMAN Globe Columnist

## D A Y 5

# Wine Tour $\mathcal{E}$ Tasting at Chateau des Jacques 



## DATE

June 3, 2024

TIME*
9:30 A.M. - 12:00 P.M.

## LOCATION

Beaujolais, France

## ATTIRE

Casual with comfortable shoes

## ACTIVITY LEVEL

Medium

MAX CAPACITY
40


Join Globe wine writer, Christopher Waters and embark on a captivating journey through the picturesque vineyards of Chateau des Jacques in the heart of France, where the art of winemaking intertwines with centuries of heritage.

Discover the secrets behind the estate's renowned Beaujolais wines, from the meticulous grape cultivation to the artful blending process, all while soaking in the breathtaking views of the Beaujolais countryside. You'll delve into the nuances of the winemaking process, exploring ancient cellars adorned with oak barrels, where the finest vintages age gracefully. Indulge your senses in exclusive tastings, savoring the complex flavors and aromas that define Chateau des Jacques' exceptional wines, making this tour a sensory celebration of the rich winemaking traditions that have flourished in this enchanting region for generations.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


CHRISTOPHER WATERS
Wine Writer

THEGLOBEAND MAIL TRAVEL SOUTH OF FRANCE CRUISE

## $D A T O$

## JUNE 4, 2024

## EXCURSION OPTIONS

Cycling Tour
Wine Tour $\mathcal{E}$ Hike in the Vineyard
Walking Tour of Tournon with Free Time
Wine Tour $\mathcal{E}$ Tasting at Maison Chapoutier

F U L G R O U P
Reception at Tournon Castle

## DAY 6

JUNE 4, 2024

## Cycling Tour



## DATE

June 4, 2024

## TIME*

9:15 A.M. - 11:30 A.M.

LOCATION
Tournon, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Moderate

MAX CAPACITY
20


Enjoy a leisurely cycling tour along the banks of the Rhône through picturesque villages and past small lakes to the village of Glun.

Nestled in the picturesque French countryside, Glun is a charming town that captivates visitors with its idyllic setting and rich cultural heritage. Surrounded by rolling vineyards and lush greenery, the town exudes a serene ambiance that invites travellers to unwind and savour the beauty of rural France.

As you cycle, take in the tranquil atmosphere, scenic landscapes and cultural treasures, and experience the timeless allure of the French countryside.

## DAY 6

JUNE 4, 2024

## Wine Tour ${ }^{\mathcal{E}}$ Hike in the Vineyard



## DATE

June 4, 2024

TIME*
10:00 A.M. - 12:00 P.M.

## LOCATION

Tournon, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Active

MAX CAPACITY
20



Get close to nature as you hike through the sloping vineyards that overlook the Rhône River above Tournon. Learn about the local wine production and taste some of the delicious drops of the region.

In Rhône Valley, the landscape is draped with terraced slopes of grapevines. The synergy between Tournon's historic charm and the surrounding vineyards creates an enchanting experience, inviting travellers to savour the rich flavours of both the town and its world-class wines.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


DAVID SHRIBMAN Globe Columnist

## DAY 6

## JUNE 4, 2024

## Walking Tour of Tournon with Free Time



## DATE

June 4, 2024

## TIME*

9:30 A.M. - 11:00 A.M.

## LOCATION

Tournon, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Moderate

MAX CAPACITY N/A


Explore the riverside town of Tournon by foot with a guided tour. Discover its fascinating history and make a stop at the impressive castle that dominates the town.

Tournon-sur-Rhône, situated on the banks of the Rhône River in southeastern France, is a captivating town boasting a harmonious blend of history and natural beauty. Its medieval charm is exemplified by cobbled streets, a historic castle perched on a hill overlooking the town and well-preserved architecture. The town serves as a gateway to the renowned vineyards of the Northern Rhône Valley, where terraced slopes of grapevines produce some of the world's finest wines.

Afterwards you have free time, and you may wish to continue your exploration of Tournon or cross France's oldest suspension bridge to the neighboring town of Tain l'Hermitage.

THE GLOBE
AND MAIL JOURNALISTS ON TOUR**


DAVID WALMSLEY Editor-in-Chief


ALEXANDRA POSADZKI Telecom Reporter

[^1]
## Wine Tour $\mathcal{E}$ Tasting at Maison Chapoutier



## DATE

June 4, 2024

## TIME*

Group 1: 10:30 A.M.
Group 2: 10:45 A.M.

LOCATION
Tournon, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Low

MAX CAPACITY 70

Join a local sommelier today for a Côtes-du-Rhône tasting at one of the most renowned wine producers from Tain l'Hermitage, M.Chapoutier.

Maison Chapoutier stands as a beacon of excellence in the world of winemaking, particularly in the Rhône Valley of France. Renowned for its commitment to quality and innovation, this esteemed winery, founded in 1808, has been a guardian of tradition while embracing sustainable practices. Situated in Tain-l'Hermitage, Maison Chapoutier is celebrated for producing exceptional wines, including iconic Hermitage and Châteauneuf-du-Pape varieties. Guided by a philosophy that emphasizes the expression of terroir, the winery meticulously tends to its vineyards, showcasing a profound respect for the land. Visitors to Maison Chapoutier are treated to an immersive experience, exploring the historic cellars, learning about the winemaking process and, of course, indulging in the exquisite flavours of wines that reflect the rich heritage and meticulous craftsmanship of this esteemed estate.

THE GLOBE
AND MAIL JOURNALIST ON TOUR**


CHRISTOPHER WATERS
Wine Writer

## D A Y 6

JUNE 4, 2024

## Reception at Tournon Castle



## DATE

June 4, 2024

TIME*
6:00 P.M. - 7:00 P.M.

LOCATION
Tournon, France

ATTIRE
Casual chic

## ACTIVITY LEVEL

Low

MAX CAPACITY
150


As we arrive in Tournon, it is hard to miss the Château de Tournon, built in the 1500 s. A short walk from the dock, the castle will be the site of a special sundown reception, on the open terrace, with views of steeped vineyards of Tain-l'Hermitage across the water.

Enjoy a wine tasting and hors d'oeuvres, a performance by local classical musicians and relish the beautiful view, while mingling with Globe journalists and fellow guests.

THE GLOBE
AND MAIL
JOURNALISTS
ON TOUR**


DAVID WALMSLEY Editor-in-Chief


ALEXANDRA POSADZKI Telecom Reporter


DAVID
SHRIBMAN
Globe Columnist


TARA O'BRADY Food Writer


CHRISTOPHER WATERS
Wine Writer

THEGLOBEAND MAIL TRAVEL SOUTH OF FRANCE CRUISE

## DAY 7

## JUNE 5, 2024

## FULL GROUP

Viviers Walking Tour $\mathcal{E}$ Saint-Vincent Cathedral

EXCURSION OPTIONS
Lavender Farm Tour
Tour of the Village of Grignan
Ardèche \& Caverne Pont d'Arc Museum

## D A Y 7

JUNE 5, 2024

## Viviers Walking Tour $\mathcal{E}$ Saint-Vincent Cathedral



## DATE

June 5, 2024

## TIME*

9:30 A.M. - 11:30 A.M.

## LOCATION

Viviers, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Moderate

MAX CAPACITY 150


Enjoy a guided walking tour of the medieval town of Viviers. The winding cobblestone streets of Viviers — many too narrow for cars to travel - tell the story of the city with each step. From the city's lower walls to the belvedere and cathedral at its summit, trace its beginnings to its medieval height through the buildings still inhabited today. The tour culminates at the Cathédrale Saint-Vincent, whose foundations date from 1119 with Romanesque and Gothic additions layered atop.

## DAY 7

JUNE 5, 2024

## Lavender Farm Tour



## DATE

June 5, 2024

## TIME*

2:00 P.M. - 5:30 P.M.

## LOCATION

Viviers, France

## ATTIRE

Casual with
comfortable shoes
ACTIVITY LEVEL
Moderate

MAX CAPACITY
40


The Ardèche region, located in southeastern France, is famous for its lavender fields. The tour starts with explanations about the different varieties of lavender, its history and its many uses.

A local guide will explain the different stages of cultivation, from planting to harvesting, and visitors can observe the process up close with a demonstration on how lavender is distilled into essential oils and other products. This leads into the explanation about the properties of lavender oil and its many benefits, from its calming effects to its use in cosmetics and aromatherapy.

THE GLOBE
AND MAIL JOURNALIST ON TOUR**


ROBYN DOOLITTLE
Investigative Reporter

## D A Y 7

## Tour of the Village of Grignan



## DATE

June 5, 2024

## TIME*

2:00 P.M. - 5:30 P.M.

## LOCATION

Viviers, France

## ATTIRE

Casual with comfortable shoes

## ACTIVITY LEVEL

Moderate

## MAX CAPACITY

30


Travel to the provincial village of Grignan where you'll join your local guide in an exploration of this beautiful town, see the mighty castle that dominates the town as well as the Collegiate Church of the Holy Saviour before enjoying some time at leisure in this beautiful region of France.

Grignan, a charming village perched on a hill in the Drôme region of southeastern France, beckons with its medieval allure and captivating surroundings. Dominated by the impressive Renaissance-style Château de Grignan, the town boasts narrow cobblestone streets, inviting squares and historic architecture that transports visitors to a bygone era. Grignan is renowned for its lavender fields, adding a fragrant and colourful touch to the landscape. The village exudes a tranquil ambiance, inviting exploration of its artisan shops, quaint cafes and the iconic Provençal market. With its rich cultural heritage, stunning vistas and a palpable sense of history, Grignan offers a delightful retreat in the heart of the picturesque Drôme Provençale.

THE GLOBE
AND MAIL JOURNALISTS ON TOUR**


DAVID WALMSLEY
Editor-in-Chief


DAVID
SHRIBMAN
Globe Columnist

PRESENTED IN PARTNERSHIP WITH
*Approximate time. Guests will be notified of any time changes. ${ }^{* *}$ Assigned journalist(s) on tour, subject to change.

## D AY 7

JUNE 5, 2024

## Ardèche $\mathcal{E}$ Caverne Pont d'Arc Museum



## DATE

June 5, 2024

TIME*
2:00 P.M. - 6:00 P.M.

## LOCATION

Viviers, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Moderate

MAX CAPACITY 86


THE GLOBE
Explore the Ardèche National Park and immerse yourself in the Caverne du Pont-d'Arc Museum. With your local guide, tour the museum, the largest decorated cave replica in the world. The original site was deemed too fragile for public access, so this replica cave was built only a few kilometres from the actual cave.

In 1994, high on a mountainside above Pont d'Arc, three cave explorers made the startling discovery: a prehistoric cave with paintings that would be dated at 35,000 years old - twice the age of those at Lascaux and considered the oldest in the world. With the deterioration caused at Lascaux due to human activity as its example, scientists immediately determined that the caves could never be open to the public. However, in 2015, a 55-million Euro reconstruction of the caves opened nearby, and it is not only faithful, but exacting, to the temperature, humidity, light levels and even scent of the originals. The cave paintings, carved into the walls, or drawn in ochre or charcoal, were rendered by artists with millimetre precision and scientific standard. Guests choosing this experience will have a coach tour of the Ardèche valley en route, with a lookout stop, view of Pont d'Arc and passage by the cave site.

AND MAIL JOURNALIST ON TOUR**


TARA O'BRADY Food Writer


# THEGGLOBEANDMAILTRAVEL SOUTH OF FRANCE CRUISE 

## D AY 8

## JUNE 6, 2024

## EXCURSION OPTIONS

Shopping with the Chef \& Tara O'Brady Tour of the Pope's Palace
Tour of the Pont du Gard
Tour the Villages of Luberon

## D A Y 8

## JUNE 6, 2024

## Shopping with the Chef $\mathcal{E}$ Tara O'Brady



## DATE

June 6, 2024

TIME*
9:00 A.M. - 11:00 A.M.

LOCATION
Avignon, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Low

MAX CAPACITY
20


Join food writer and culinary host Tara O'Brady and your on-board chef on a guided visit to a local food market (Les Halles Market) where you will have an opportunity to shop for and taste the best ingredients this region has to offer. An emblematic spot in the city of Avignon, Les Halles dazzles with its façade covered in a vegetable wall that gives a true up-to-date feel of the neighbourhood. Made famous by such authors as Peter Mayle and Jean Viard, it has been a meeting place for the people of the city for over a century.

THE GLOBE
AND MAIL JOURNALIST ON TOUR**


TARA O'BRADY Food Writer

## Tour of the Pope's Palace



## DATE

June 6, 2024

## TIME*

9:00 A.M. - 12:00 P.M.

## LOCATION

Avignon, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Moderate

MAX CAPACITY
40


Enjoy a guided tour of Avignon's The Pope's Palace, one of the largest and most important medieval gothic buildings in Europe. Take a walking tour that includes a visit to the city's architectural jewel, the Pope's Palace. The Palais des Papes, the 14th-century seat of Western Christianity, is the combination of two palaces, that of Benedict XII and Clement VI, and was the site of six papal enclaves. The "old" palace, built on an outcropping of rock, is heavily fortified and built around a central cloister (uncommon in palaces). In contrast, a "new" palace was built to the extravagant tastes of Clement VI, and included ornately decorated walls and ceilings, which remain today.

Please note: A moderate degree of fitness is required to participate in this tour due to Avignon's many cobblestone streets as well as numerous steps to be climbed up and down in the palace.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


ANDREW SAUNDERS President \& CEO

## DAY 8

JUNE 6, 2024

## Tour of the Pont du Gard



## DATE

June 6, 2024

TIME*
9:00 A.M. - 12:30 P.M.

LOCATION
Avignon, France

## ATTIRE

Casual with
comfortable shoes
ACTIVITY LEVEL
Moderate

MAX CAPACITY
80


Join Globe Telecom Reporter Alexandra Posadzki on a guided tour of the Pont du Gard. Explore this fascinating ancient Roman aqueduct and UNESCO World Heritage Site. It's one of the most visited sites in France, and its easily recognized arches are a technical marvel.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


ALEXANDRA POSADZKI Telecom Reporter

## DAY 8

JUNE 6, 2024

## Tour the Villages of Luberon



## DATE

June 6, 2024

## TIME*

8:00 A.M. - 1:00 P.M.

LOCATION
Avignon, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Moderate

MAX CAPACITY
40


Visit the hilltop village of Gordes, a village of white and gray stone buildings that spiral around the rock where the village is set. At the very top there is the church and the castle that face out onto the hills of the Luberon. Gordes has been listed as "one of the most beautiful villages of France." After exploring the village of Gordes, journey to Sénanque Abbey, a picturesque Cistercian Abbey nearby.

Please note: Due to uneven surfaces and a lot of walking both up and down hill, this tour is recommended only for guests with a moderate degree of fitness.

# THEGGLOBEAND MAIL TRAVEL SOUTH OF FRANCE CRUISE 

## D A Y 9

## JUNE 7, 2024

## EXCURSION OPTIONS

Visit Les Baux with Carrières de Lumières Visit to an Olive Mill \& Provençal Cooking Class

A Guided Tour of the City of Arles
Cosmetic Workshop
Saint-Rèmy-de-Provence $\mathcal{E}$
St. Paul de Mausole Monastery
FULL GROUP
Classical Concert at the Pope's Palace

## DAY 9

## JUNE 7, 2024

## Visit Les Baux with Carriéres de Lumiéres



## DATE

June 7, 2024

## TIME*

9:00 A.M. - 1:00 P.M.

## LOCATION

Arles, France

## ATTIRE

Casual with
comfortable shoes

## ACTIVITY LEVEL

Moderate

MAX CAPACITY
40


Journey to the stunning medieval village of Les Baux and visit a former quarry that is now the site of Carrières de Lumières. The site spans an enormous 7,000 square metres and holds a visual and musical production highlighting the works of notable world-famous artists.

Perched atop a rocky outcrop in the heart of Provence, Les Baux-deProvence in France is a captivating medieval village that enchants visitors with its dramatic setting and rich history. Crowned by the ruins of a 10thcentury fortress, the village offers breathtaking panoramic views of the surrounding Alpilles hills. Its narrow cobblestone streets wind through ancient stone houses, charming boutiques and art galleries, creating a picturesque atmosphere that transports visitors to another era. Les Baux is renowned for its unique cultural attractions, including the Carrières de Lumières, an extraordinary art space set in an ancient quarry, where light and sound projections bring art to life on the rugged stone walls. With its timeless charm and artistic flair, Les Baux-de-Provence is a must-visit destination that seamlessly blends history, culture and natural beauty.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


ROBYN DOOLITTLE
Investigative Reporter

## DAY 9

# Visit to an Olive Mill $\mathcal{E}$ Provençal Cooking Class 



## DATE

June 7, 2024

## TIME*

9:00 A.M. - 12:00 P.M.

## LOCATION

Arles, France

## ATTIRE

Casual with
comfortable shoes

ACTIVITY LEVEL
Moderate

MAX CAPACITY
30



Join food writer and culinary host Tara O'Brady on a visit to a local olive farm where you will learn the techniques of olive oil production followed by a Provençal cooking class.

Following this visit head to the charming village of Fontvieille where you will meet with a local who will discuss life in this region as well as divulge traditional Provençal recipes.

Situated in the heart of Provence, Fontvieille, France, is a quaint village known for its rustic charm and picturesque surroundings. With traditional stone houses, a historic windmill, and scenic landscapes, Fontvieille offers a tranquil escape into the idyllic beauty of the French countryside.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


TARA O'BRADY Food Writer

## D A Y 9

JUNE 7, 2024

## A Guided Tour of the City of Arles



## DATE

June 7, 2024

## TIME*

9:00 A.M. - 12:00 P.M.

## LOCATION

Arles, France

## ATTIRE

Casual with
comfortable shoes
ACTIVITY LEVEL
Moderate

MAX CAPACITY
40


Take a short walk from the Scenic Sapphire to the heart of Arles. Experience the vibrant colours and striking quality of light on your tour of Arles, a city that has inspired many artists. Arles is also the city where the present meets the past. Some impressive Roman ruins shape this city, including Las Arenas, an arena that we'll visit that seats around 20,000 people and is still in use today.

Van Gogh's artistic legacy is palpable in this Provençal gem, where visitors can explore the vibrant streets that inspired some of the master's most famous works.

THE GLOBE
AND MAIL JOURNALIST ON TOUR**


ANDREW SAUNDERS President \& CEO

## DAY 9

## Cosmetic Workshop



## DATE

June 7, 2024

## TIME*

9:00 A.M. - 12:30 P.M.

## LOCATION

Arles, France

## ATTIRE

Casual with
comfortable shoes

ACTIVITY LEVEL
Low

MAX CAPACITY
15


The Provence region is renowned for its spectacular scenery and at certain times throughout the year (June to mid-August) is blanketed in purple lavender. Today, visit a local farm that produces a variety of lavender-based products and join your local guide for a cosmetic workshop.

## DAY 9

JUNE 7, 2024

## Saint-Rémy-de-Provence E St. Paul de Mausole Monastery



## DATE

June 7, 2024

TIME*
9:00 A.M. - 12:30 P.M.

## LOCATION

Arles, France

## ATTIRE

Casual with comfortable shoes

## ACTIVITY LEVEL

Moderate

## MAX CAPACITY

40


Saint-Rémy-de-Provence was the birthplace of Nostradamus, and a fountain in the centre of the old town bears a bust of his likeness. The town also gave inspiration to one of Vincent Van Gogh's most important and prolific periods, as he voluntarily stayed at the Asylum of Saint Paul de Mausole. Veritable masterpiece of Provençal Romanesque art, the Saint Paul monastery, built in the neighbourhood of the Gallo-Roman site of Glanum, owes its name Mausolé due to its proximity of the mausoleum of the "Julii." It rises up out of the landscape thanks to its beautiful two-storey square steeple topped by a pyramidal roof. St. Paul de Mausole remains today a psychiatric health institution. As we tour, we see the wheat field that Vincent Van Gogh contemplated and painted during his year of confinement in the men's pavilion.

## Classical Concert at the Pope's Palace



## DATE

June 7, 2024

## TIME*

7:00 P.M. - 8:00 P.M.

## LOCATION

Avignon, France

ATTIRE
Casual chic

## ACTIVITY LEVEL

Low

MAX CAPACITY
150


Be treated to a truly unforgettable experience at the prestigious Pope's Palace of Avignon, among the most visited sites in France.

Immerse yourself in the timeless elegance of a classical concert at the Pope's Palace in Avignon, where the hauntingly beautiful melodies of renowned musicians resonate within the historic walls, creating a harmonious union of cultural splendor and architectural grandeur under the Provençal night sky. The celestial acoustics and majestic ambiance transport attendees into a transcendent musical experience, forging a connection between the rich history of the palace and the enduring power of classical music.

After the doors close to the general public, you'll be treated to a cocktail followed by an exclusive classical concert in the Grand Tinel.

THE GLOBE AND MAIL JOURNALISTS ON TOUR**


ANDREW SAUNDERS
President \& CEO


TARA O'BRADY Food Writer


CHRISTOPHER WATERS
Wine Writer


ROBYN DOOLITTLE
Investigative Reporter

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THEGLOBEAND MAIL TRAVEL SOUTH OF FRANCE CRUISE

## D AY 10

## JUNE 8, 2024

## CRUISE ONLY GUEST DEPARTURE

French Riviera / Monaco 2 Day Extension

## DAY 10

JUNE 8, 2024

## Cruise Only Guest Departure



## DATE

June 8, 2024

## TIME*

Morning

LOCATION
Arles, France


Your time aboard The Globe and Mail South of France Cruise comes to an end in Arles.
Bid adieu to your fellow travelers this morning before disembarking and transferring to the Nice or Marseille airport for your departure home.


THEGLOBEAND MAIL TRAVEL

## SOUTH OF FRANCE CRUISE

## D AY 10

## JUNE 8, 2024

## FRENCH RIVIERA / MONACO 2 DAY

 EXTENSION - DAY 1 \& 2F ULL GROUP
Wine \& Art Tour and Wine Tasting at Château La Coste
Lunch in Aix-en-Provence \& Tour of the Old Town Travel to Monte Carlo for Hotel Check-in

## DAY 1 - FRENCH RIVIERA EXTENSION

## Wine, Art and Tasting Tour at Château La Coste



## DATE

June 8, 2024

## TIME*

Morning

## LOCATION

Aix-en-Provence, France

MAX CAPACITY 30


This morning we disembark the Scenic Sapphire and head out on our twoday tour of the spectacular French Riviera region.

On day one, the full group will visit Château La Coste for an art and wine tour and tasting at the stunning, unique, art-focused property.

Château La Coste is a renowned winery and art destination located in the Provence region of France. Nestled among vineyards and olive groves, the estate is celebrated for its exceptional wines and a unique integration of contemporary art and architecture. Visitors to Château La Coste can explore a stunning landscape dotted with site-specific installations by renowned artists and architects, making it a harmonious blend of nature, culture and viticulture. The estate features a winery, tasting rooms, a sculpture park and a selection of restaurants, providing a distinctive and immersive experience for art and wine enthusiasts alike.

THE GLOBE AND MAIL JOURNALISTS ON TOUR**


TARA O'BRADY Food Writer


CHRISTOPHER WATERS
Wine Writer

PRESENTED IN PARTNERSHIP WITH

## DAY 1 - FRENCH RIVIERA EXTENSION

## JUNE 8, 2024

## Lunch in Aix-en-Provence $\mathcal{E}$ Tour of the Old Town



## DATE

June 8, 2024

## TIME*

Afternoon

## LOCATION

Aix-en-Provence, France

## MAX CAPACITY 30



We travel to the picturesque small city of Aix-en-Provence where we hop on a mini electric tram that will take you back in time with a guided tour of the old town.

Aix-en-Provence, often referred to simply as Aix, is a charming, culture rich and historic city in the Provence-Alpes-Côte d'Azur region of southern France. Known for its picturesque boulevards, elegant architecture and numerous fountains, Aix-en-Provence exudes a refined yet relaxed atmosphere. The city is famous for its thermal hot springs, which have attracted visitors since Roman times. Aix's Cours Mirabeau, a tree-lined avenue, is lined with cafes, boutiques and markets, creating a vibrant and lively ambiance.

Following the tour of old town, we head to a local restaurant for a threecourse lunch.

We then head off to the day's final destination, Monaco, and check into the Fairmont Monte Carlo. Tonight have dinner on your own and perhaps try your luck at famous Grand Casino just steps from our hotel.


THE GLOBE
AND MAIL JOURNALISTS ON TOUR**


TARA O'BRADY Food Writer


CHRISTOPHER WATERS
Wine Writer

# THEGGLOBEANDMAILTRAVEL <br> <br> SOUTH OF FRANCE <br> <br> SOUTH OF FRANCE CRUISE 

## D AY 2

## JUNE 9, 2024

> FRENCH RIVIERA / MONACO2 DAY
> EXTENSION- DAY 2
> EXCURSION OPTIONS

Cooking Class in Nice
Wine Tour \& Tasting at Château de Crémat

F U L L G R O U P
Farewell Reception at the Fairmont Monte Carlo

## DAY 2 - FRENCH RIVIERA EXTENSION

## JUNE 9, 2024

## Cooking Class



Enjoy a hands-on intimate cooking class where you'll learn how to prepare a classic southern French meal and hear about the culture and history of Nice.

Nice has a unique Mediterranean cooking style, influenced by Provence and nearby Italy. This hands-on cooking class delves into the rich culture and history of Nice, one of the most beautiful cities in France.

You'll then dine on the meal that you prepared along with a wine pairing.

## DAY 2 - FRENCH RIVIERA EXTENSION

## Wine Tour $\mathcal{E}$ Tasting at Château de Crémat



## DATE

June 9, 2024

## TIME*

Morning
LOCATION
Nice, France

ACTIVITY LEVEL Light

## MAX CAPACITY

 20

Join The Globe and Mail wine columnist Christopher Waters for a wine tour and tasting at Château de Crémat, on the outskirts of the city of Nice.

Château de Crémat is a magnificent property located in the hills overlooking Nice, covers 12 hectares and features a beautiful 18th-century chateau, surrounded by lush vineyards and gardens. Known for its high-quality wines, particularly its rosé and white varieties, Château de Crémat combines traditional winemaking techniques with modern innovation. The chateau has been carefully restored, preserving its original features and character, while offering modern amenities for guests. A private tasting of the estate's renowned wines is included for guests for a memorable experience.

THE GLOBE AND MAIL JOURNALIST ON TOUR**


CHRISTOPHER WATERS
Wine Writer

## DAY 2 - FRENCH RIVIERA EXTENSION

JUNE 9, 2024

## Farewell Reception



## DATE

June 9, 2024

## TIME*

Early evening

## LOCATION

Monte Carlo, Monaco

MAX CAPACITY
30



This evening, enjoy an aperitif and some canapés and bid adieu to your fellow travellers and Globe journalists at a private farewell reception at the Fairmont Monte Carlo.

THE GLOBE AND MAIL JOURNALISTS ON TOUR**


TARA O'BRADY Food Writer


CHRISTOPHER
WATERS
Wine Writer


THEGLOBEAND MAIL TRAVEL SOUTH OF FRANCE CRUISE

## DAY 3

## JUNE 10, 2024

## FRENCH RIVIERA / MONACO <br> 2 DAYEXTENSION - DAY 3

Departure

## DAY 3 - FRENCH RIVIERA EXTENSION

JUNE 10, 2024

## Guest Departure



Your time on The Globe and Mail South of France Cruise and French Riviera tour comes to an end in Monte Carlo. This morning you will transfer to the Nice airport for your departure home.

Thank you for joining us. We hope that you had a wonderful tour and will travel with us again on another The Globe and Mail Travel Experience.


[^0]:    *Approximate time. Guests will be notified of any time changes. ${ }^{* *}$ Assigned journalist(s) on tour, subject to change.

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